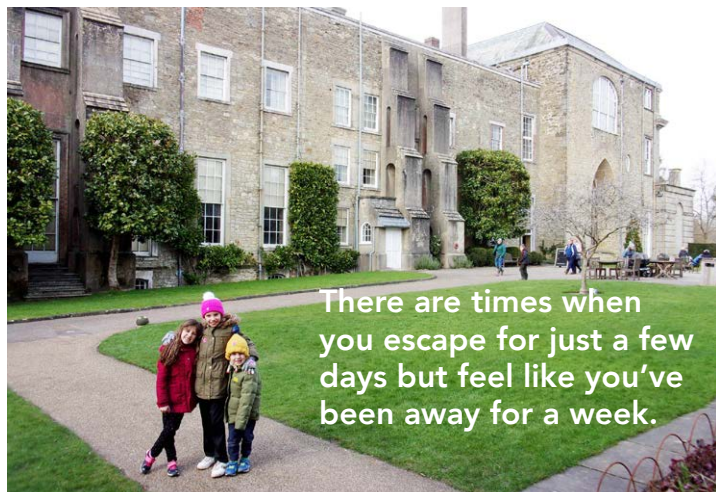


# A TRIP TO WEST SUSSEX



by Tim Saunders, Travel Correspondent

**As Tim visited prior to Lockdown, please check before visiting to find out opening times**



There are times when you escape for just a few days but feel like you've been away for a week.

Heidi, Harriett and Henry Saunders at Petworth House

This happens during our trip to West Sussex. At Petworth House we learn about the painter JMW Turner. The owner of Petworth House, Lord Egremont commissioned and owned a number of Turner's paintings and eight are exhibited.

An hour from Petworth is The Salterns at Chichester Marina where there's a selection of luxury apartments. On arrival we park in a secure car park and savour the view of the boats moored up. Our apartment has two large double bedrooms, a bathroom and an en-suite shower room.



Chichester Harbour

The modern kitchen/sitting room has views over the marina and outside there's a patio area. Finished to a high standard there's an overwhelming desire to relax.



Harriett tucks into her tomato pasta at Three Veg

Twenty minutes away is West Wittering where there's a lovely beach and a selection of eateries but it's at Three Veg where customers find the healthy choice. Just refurbished there's a welcoming rustic charm. Apple juice for the children, a Peroni beer for me and a white wine for Caroline. A focaccia starter with olive oil is followed by pasta and tomato for the children while Caroline and I go for the squash and spinach risotto. Ice cream deserts for the children while Caroline has raspberry sorbet and I go for the vegan chocolate brownie and caramel ice cream.



The fire engines at Amberley Museum

An absolute must to visit is Amberley Museum, just under an hour away. We discover over 150 years of South Downs working history in what was once a busy chalk quarry and lime works. The 36-acre site, run mainly by volunteers, is easy enough to walk round but there's a bus and a train, at half hourly intervals. The highlight is when the children do some woodwork; even little Henry (4) dons a visor and gets stuck in shaping his piece of wood on a lathe. He loves it and makes a windmill while Harriett and Heidi each create a bee. What fun and a lasting memento.



Playing at Amberley Museum

From here we go to The Capitol, an attractive glass fronted building, housing a cinema and theatre, at Horsham. We watch *Sonic the hedgehog* starring Jim Carrey which grips our attention for the best part of a couple of hours.

For dinner we head to Jupps Fish and Chips in Burgess Hill. Martyn runs the businesses with his wife, Marie. "We serve 8,500 customers a week and get through two tonnes of potatoes each week," he reveals. The fish and chips are, we conclude, the best we have tried because they're not greasy and that's very refreshing. We've tried Rick Stein's, too.

Caroline needs to rest and the bath in the apartment certainly helps with this but a haircut, I am told, also makes her feel better. At Regis Salon in Crane Street, Chichester she is treated to a cut and finish with Gemma, who is knowledgeable and even gives Caroline a soothing head massage. It's all carried out in under an hour.

Which gives us time to pop into Pallant House Gallery and enjoy some great works of art.

For more information visit:

<https://www.thesalterns.co.uk/>  
<https://www.nationaltrust.org.uk/petworth-house-and-park>  
[www.threeveg.co.uk](http://www.threeveg.co.uk)  
<https://www.amberleymuseum.co.uk/>  
<https://www.thecapitolhorsham.com/>  
<https://www.juppsfishandchips.com/>  
<https://www.regissalons.co.uk/salon/regis-chichester>  
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